

# Cross-Country Skier Etiquette

## Guidelines

- Help keep the trails in good condition. Do not walk on groomed trails. Please do not skate or snowshoe in the groomed classic tracks.
- When using the Herring Bone technique on an uphill, please move into the skating lane to preserve classic tracks for the next skier.
- Dogs are generally not acceptable on groomed trails. Any time you do ski with your dog, please keep your pet under control.
- Don't ski out of bounds, on posted property, or on trails designed for snowshoe/walking, dog walking, etc.
- Skiers going uphill yield to downhill skiers.
- When overtaking other skiers call out to make them aware of your intentions. The slower skier should yield to the faster skier, but plan for any situation.
- Do not stop where you obstruct a trail or where you might not be visible to others.
- Assess your ability when selecting a trail. Be especially careful to ski within your limits on un-patrolled trails.
- If you see a fellow skier in need, take the time to stop and help.
- Garbage is your responsibility. Please pack it out.
- Remember, you are an ambassador for your sport. If you encounter trail users not following the above guidelines, it is OK to remind/educate them on proper trail usage. However, try to avoid conflict and respect their rights.
- And last but not least, enjoy yourself!