

Events Calendar

Events highlighted in purple are events we will be focusing on as a group

Dec 19 at 7 PM

Wax clinic – Park Ave Bikes

Dec 23	Event:	World Famous Osceola Christmas Race JO Qualifier - Freestyle
	Site:	Osceola Ski Center, Osceola, NY
	Info:	Sec III/JOQ/ESGQ/NYSSRA Series Qualifier, Free technique. Start time: 10:30am bkysl 11am scholastic. 5km all racers
	Registration:	Registration 9-10:30am. \$15 by 12/20; \$25 after* Payable: Camden Ski Club. Register online
	Contact:	Julie Hinsdill 161 Kenwood Ave, Oneida, NY 13421, 315-363-3302

Jan 6	Event:	Cayuga Nordic ESG - Classic
	Site:	Salmon Hills Cross Country Ski Center, Redfield, NY
	Info:	ESGQ/NYSSRA Series Qualifier. Classic, Wave Start, Start time: 10:30am. 5km Scholastic, 10k all others
	Registration:	Registration closes 10am. \$17 by 1/3 mail 1/4 email - \$20 after* Payable: Cayuga Nordic Ski Club. Register online at nyssranordic.com
	Contact:	Dan Karig, 71 German Cross Rd Ithaca, NY 14850, 607-277-3380 / dek9@cornell.edu

Jan 7	Event:	Salmon Hills ESG Freestyle
	Site:	Salmon Hills Cross Country Ski Center, Redfield, NY
	Info:	ESGQ/NYSSRA Series Qualifier /NYSSRA Club Series. Freestyle, Start time: 10:30 am, 5km Scholastic, 10k all others
	Registration:	Registration closes 10am. \$17 by 1/3 mail 1/4 email - \$20 after *Payable: Salmon Hills. Register online at nyssranordic.com
	Contact:	Hans Karlsen, 100 Noble Shores Drive, Redfield, NY 13437 info@salmonhills.com / www.salmonhills.com

Jan 13	Event:	Rochester JO Qualifier -Duathlon
	Site:	Pittsford Middle School, Pittsford, NY
	Info:	Sec V/JOQ/ESGQ/NYSSRA Series Qualifier. Duathlon classic/freestyle mass start. Start time: 11am 3km JII, 5km JI/OJ/Open/Masters. Counts as either classic or freestyle
	Registration:	Registration closes 9:30am \$15 by 1/10 - \$20 late * Payable: RXCSF. Note: write "Jan 13 race" on checks. Register – www.nyssranordic.com
	Contact:	Lee Mahood, 9249 Rte 20A, Hemlock NY 14466; 585-367-2435

Monday Jan 15th at 7 PM

Wax clinic – Park Ave Bikes

Jan 14	Event:	Rochester JO Qualifier – Classic Sprint
	Site:	Pittsford Middle School, Pittsford, NY
	Info:	JOQ/ESGQ/NYSSRA Series Qualifier. Classical Sprint race, qualification in rounds. . Start time: 10am
Jan 20		
	Registration:	Registration closes 9:30 am \$15 by 1/10 - \$20 late. * Payable: RXCSF. Note: write "Jan 14 race" on checks. Register – www.nyssranordic.com
	Contact:	Lee Mahood, 9249 Rte 20A, Hemlock NY 14466; 585-367-2435
	Event:	"Tug Hill Try-It " - Classic
	Site:	Winona State Forest, Boylston
	Info:	ESGQ/NYSSRA Series Qualifier. Classic. Start at CCC Camp. Start time: 10:30am 25 km for ESG Open/Masters Qualifier, 10:45am 12 km for ESG Scholastic Qualifier
	Registration:	Register/Bib Pick-up: Sandy Creek High School; 7:30-9:30am. See www.winonaforest.com website for fees. Payable: Winona Forest Rec Assoc.
	Contact:	Winona Forest Rec Assoc 4920 N Jefferson St 3R, Pulaski, NY 13142; 315-298-6993 / www.winonaforest.com

Sunday Jan 21
RXCSF Freestyle Sprint Race
Mendon Ponds Park Winterfest
10 AM Stewart Lodge

Jan 21	Event:	Byrncliff Governors Cup - Freestyle
	Site:	Byrncliff Resort, Varysburg, NY
	Info:	ESGQ/NYSSRA Series Qualifier Start Time: 10am 5k scholastic, 10k all others
	Registration:	Registration closes at 9:30AM \$20 by 1/17 \$25 after payable: Bryncliff Resort
	Contact:	Byrncliff Resort, Route 20A Varysburg, NY 14167. Ph 585-535-7300 email: info@byrncliff.com . Web www.byrncliff.com

Jan 21	Event:	RXCSF Freestyle Sprint Race
	Site:	Mendon Ponds Park Winterfest
	Info:	10AM start Stewart Lodge
	Registration:	Registration closes at 9AM \$15 by 1/19 \$20 after payable RXCSF
	Contact:	Lee Mahood, 9249 Rte 20A, Hemlock NY 14466 585-367 2435

Feb 3	Event:	26th Annual Tug Hill Tourathon - Classic
	Site:	Winona State Forest, Boylston, NY
	Info:	ESGQ 50k only/NYSSRA Series Qualifier. Classic 50K/25K/15K. Mass Start time: 9am. Bussing provided from Sandy Creek School to start. Last shuttle bus 8:30am sharp- No onsite registration or parking! Free Ziti dinner for racers at School on Sat. from 2pm-5pm
	Registration:	Registration form on www.winonaforest.com website \$40-\$50 \$5 insurance fee for nonmembers. Fri 2/2: Register/Bib Pick-up Sandy Creek High School 6:30-8:30 pm; Sat 2/3: 6:30-8:00am Registration and parking Sandy Creek School 6-9pm; T-shirt \$10
Contact:	Winona Forest Rec Assoc, 4920 N Jefferson St 3R Pulaski, NY 13142; 315-298-6993 / www.winonaforest.com	

Feb 4	Event:	Art Roscoe Loppet- Classical
	Site:	Allegany State Park Summit Trailhead, Salamanca NY
	Info:	Citizen race - Classical technique; Start time: 10:00am mass start. 6k, 16k, 22k Rain date: Sunday Feb 18th
	Registration:	Registration on race-day at the Summit Ski Cabin/Shop at the top of the hill on ASP Rt. 1 at the Rt.219 Park entrance. \$20 for 6 and 16k, \$25 for 22k
Contact:	(e) Mark Lawrence heartrateupinfo@yahoo.com (w) www.heartrateup.com	

Feb 10	Event:	Byrncliff Surf's up - Classic
	Site:	Byrncliff Resort, Varysburg, NY
	Info:	ESGQ/NYSSRA Series qualifier Start Time: 10am 5k scholastic, 10k all others. Wave start by class. Food and prizes
	Registration:	Registration 8AM - 9:30AM \$25 by 2/7 \$30 after payable: Bryncliff Resort register online www.nyssranordic.com
Contact:	Byrncliff Resort, Route 20A Varysburg, NY 14167. Ph 585-535-7300 email: info@byrncliff.com . Web www.byrncliff.com	

Feb 10	Event:	Lake Placid Loppet
	Site:	Verizon Sports Complex, Lake Placid, NY
	Info:	NYSSRA Series Qualifier, American Ski Marathon. See ORDA web site at www.orda.org for details
	Registration:	ORDA/Olympic Center, Lake Placid, NY 12946
Contact:	ORDA, 216 Main St., Lake Placid, NY 12946 518-523-1695, Web: www.orda.org , Email: info@orda.org	

Feb 17	Event:	Keskinada Loppet
	Site:	Verizon Sports Complex, Lake Placid, NY
	Info:	World Loppet. See Web site at http://www.keskinada.com/en/keski_en.htm for details

Feb 18	Event:	Keskinada Loppet
	Site:	Verizon Sports Complex, Lake Placid, NY
	Info:	World Loppet. See Web site at http://www.keskinada.com/en/keski_en.htm for details

Feb 24	Event:	Empire State Games – Classic
	Site:	Verizon Sports Complex, Lake Placid, NY
	Info:	Classic Technique; 7:30am bib pick-up at the biathlon stadium; Start time: 9:00am 10k open, 9:15am 5k open fun race, 9:45am 5km scholastic, 10:30am 10km masters.
	Registration:	Must qualify to compete, all qualified skier must register by 2/22. No day of race registration. One entry for two-day pursuit. No entry fee. See cross-country section of manual for details. All info will be posted to www.nyssranordic.com - including qualified lists and registration procedures. <u>please use online registration.</u> 5k open fun race for NYSSRA-Nordic members who did not qualify for the empire state games but would still like to compete. This is a mass-start race no age divisions must be at least age 20. No qualifiers needed to enter. Participants must pre register by 2/11 NO EXCEPTIONS. Mass start 9:15am. Register- www.nyssranordic.com for this event
Contact:	Larry Wilkinson, 7 Ramblewood Drive, Utica, NY 13502; 315-797-9341 / nordic@adelphia.net / www.nyssranordic.com	

Feb 25	Event:	Empire State Games – Freestyle Pursuit
	Site:	Verizon Sports Complex, Lake Placid, NY
	Info:	Free Technique pursuit start; 7:30am bib pick-up at the biathlon stadium; Start time: 9:00am 10k open, 9:15am 5k open fun race, 9:45am 5km scholastic, 10:30am 10km masters. Awards for both days immediately following conclusion of last race approx 12:30pm.
	Registration:	see above feb 24. Register online at nyssranordic.com Please use online registration for this event. This is considered a single event with one registration for both days
Contact:	Larry Wilkinson, 7 Ramblewood Drive, Utica, NY 13502; 315-797-9341 / nordic@adelphia.net / www.nyssranordic.com	

Mar 3	Event:	NYSSRA Super Sprints and Club Relay Championships – Freestyle
	Site:	Verizon Sports Complex, Lake Placid, NY sponsored by High Peaks Mountain Adventures
	Info:	11:00am Start. 2km time trial Super Sprints. Interval start. Demos during the day. 2pm Club relay championships. 2 or 3 skiers per team. Skiers alternate laps. 6 laps of 3k course. Anyone can form a team and compete but only registered NYSSRA clubs can compete for the club champs cup to become a NYSSRA club see www.nyssranordic.com
	Registration:	Registration for sprints 9:00-10:30am. \$5 for Sprints Registration closes at 1:30 pm for relays \$30 per team Payable: NYSSRA-Nordic. Send entries and payment to Lee Mahood, 9249 Route 20A Hemlock, NY 14466; For more info or to register online see www.nyssranordic.com
	Contact:	Chris Rose - chrisrose7@hotmail.com / Jim Kobak - kobak1791w@yahoo.com

Mar 4	Event:	NYSSRA Series 25km Championships – Classic
	Site:	Verizon Sports Complex, Lake Placid, NY sponsored by High Peaks Mountain Adventures
	Info:	10:30am Mass Start, all J2's 7.5-12k all others 25 km Classic Conclusion of the nyssra series all points doubled for this race. Awards for this race, nyssra series awards, and the crowning of the club champs immediately follow race.
	Registration:	Registration 8:30-10:00am. \$20 by 3/1 \$30 day of. Payable: NYSSRA-Nordic. Send entries and payment to Lee Mahood, 9249 Route 20A Hemlock NY 14466 for more info or to register- www.nyssranordic.com
	Contact:	Chris Rose - chrisrose7@hotmail.com / Jim Kobak - kobak1791w@yahoo.com

Out of Town Races that XCR will be attending this year

2007 TD Banknorth Craftsbury Marathon 26th Annual Race and Tour

A point to point cross-country ski adventure
traversing Vermont's Northeast Kingdom
presented by the Craftsbury Outdoor Center
on **Saturday January 27, 2007**

A classical technique event with 25 and 50 kilometer racing divisions
<http://www.craftsbury.com/skiing/marathon/home.htm>

Canadian Birkebeiner, Edmonton, ALB, 780-430-7153,
<http://www.canadianbirkie.com/>, Feb 10, 2007

The 34th annual Subaru American Birkebeiner®:

February 22-24, 2007.

- spans 51 kilometers from Cable to Hayward
- is North America's largest cross-country ski marathon
- attracts 6,500 skiers and 15,000+ spectators
- is part of the Worldloppet circuit of 14 international ski marathons and part of the American Ski Marathon series of 14 races.

<http://www.birkie.org/?page=1036>

Fischer Loppet

Hardwood Hills Nordic Ski Center
March 10, 2007
40 & 20 km Loppet

<http://www.hardwoodhills.ca/nordic/nordicmainframes.htm>

2007 National Masters

March 21-25, 2007 Bend/Mt Bachelor,
Oregon

http://www.xcskiworld.com/events_xc/NM/NM_index.htm

Thursday, March 22:

- **15km SWIX Skiathlon Championship Races** -- individual & 2-person relay (Mt Bachelor parking lot stadium)

Saturday, March 24:

- **15/10km [SUNNYSIDE SPORTS](#) Classic Technique Championship Races (Mt Bachelor)**

Sunday, March 25:

- **[BEND BIKE N' SPORT](#) Cascade Crest 30/20/15km Freestyle Technique Championship Races (Mt Bachelor)**

Other links:

Nordic Organizations

<http://www.nyssranordic.com/>

<http://www.nensa.net/>

<http://www.xcskiworld.com/>

Ski Resorts

<http://www.salmonhills.com/>

<http://www.hardwoodhills.ca/nordic/nordicmainframes.htm>

<http://www.tughillskiclub.com/index.php>

<http://www.byrncliff.com/skiconditions.php3>